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## CLAIMS

- 1. A method for transferring nucleic acid into nerve cells, comprising a step of contacting the nerve cells with a negative-sense RNA viral vector or cells comprising said vector.
- 2. A method of claim 1, wherein said nerve cells are central nervous system cells.
- 3. A method of claim 2, wherein said central nervous system cells are ventricular ependymal cells.
- 4. A method of claim 2, wherein said central nervous system cells are hippocampus cells.
- 5. The method of claim 1, wherein nucleic acid contained in the negative-sense RNA viral vector comprises a foreign gene.
- 6. A method of claim 5, further comprising allowing to transiently express said foreign gene.
- 7. A method of claim 5, wherein said foreign gene encodes a secretory protein.
- 8. A method of claim 7, wherein said protein acts on the hypothalamic nuclei.
- 9. A method of claim 7, wherein said protein is capable of protecting the brain from ischemia.
  - 10. A method of claim 9, wherein said protein is neurotrophic factor.
- 11. A method of claim 5, wherein said foreign gene is selected from the group consisting of FGF-1, FGF-2, FGF-5, NGF, CNTF, BDNF, GDNF, p35, CrmA, ILP, bc1-2 and ORF 150.
- 12. A method for controlling the feeding behavior of animals, the method comprising administering a negative-sense RNA viral vector comprising FGF-1 or FGF-5 as a foreign gene to animals.
- 13. A method for controlling the blood sugar level of animals, the method comprising administering a negative-sense RNA viral vector comprising FGF-1 or FGF-5 as a foreign gene to animals.
- 14. The method of claim 1, wherein said negative-sense RNA virus belongs to the Paramyxoviridae family.
- 15. A method of claim 14 wherein said virus belonging to the 35 Paramyxoviridae family is Sendai virus.
  - 16. A negative-sense RNA viral vector used for transferring nucleic

acid into nerve cells by the method of claim 1.